



About us



1:1 THERAPY ASSISTANCE



We Specialise in

BEHAVIOUR
THERAPY

CHILD &
ADOLESCENT
ASSESSMENTS

COUNSELLING

OCCUPATIONAL
THERAPY

SPEECH THERAPY

GROUP PROGRAMS



We understand that it can be difficult to translate the skills learnt in therapy to daily life, so our Therapy Assistant play an invaluable role in bridging this gap.

A Therapy Assistant can support your child/adolescent to practice the skills they learn in therapy and apply these throughout their daily life, whether at home, school or out in the community. All our Therapy Assistant's work in collaboration with a qualified clinician to implement a tailored treatment plan to support your child/adolescent to work towards their unique goals.

A Therapy assistant will conduct therapeutic and program related activities under the guidance and supervision of a senior allied health professional.

WHAT ARE THE BENEFITS?

Having a Therapy Assistant help with your child's therapy program can:

- Take the load off you as a parent- having a child with special needs often means that you have a lot on your plate already. By engaging a therapy assistant to do your child's home program with them, means it might free up some of your own time for work, household tasks, spending time with your other children, etc.
- Assist your child who may respond better to and work harder with a therapy assistant than a parent – some children behave better and try harder when they are doing exercises for a therapy assistant, than if they were doing the same activities or exercises with their parents.
- Save money and be cheaper – by having a therapy assistant complete a home program with your child instead of the clinician. Your child may be able to do more therapeutic activities with their funding.

QUALIFIED AND EXPERIENCED THINKAHEAD STAFF

Our therapy assistants are enthusiastic and have a passion for working with special need's children/adolescents.

They have experienced working in a variety of settings and are currently completing their final year of university studies (Bachelor or Master Level) in Allied Health such as Psychology, Social Work, Speech Pathology, Occupational Therapy, Nursing.



WHAT TO EXPECT PER THERAPY PLAN?

1. Development of Therapy Plan – Senior Clinician(s) – 1-2 hours per clinician

The key treating clinician(s) who are supporting your child/adolescent will develop the therapy plan which is to be implemented by the therapy assistant(s).

The therapy plan will outline:

- therapeutic goals for the child/adolescent
- program activities which have been devised to the individual's level of functioning
- implementation instructions and resources
- outcome measures

2. Implementation of Therapy Plan – Therapy Assistant(s) – various hours

- The therapy assistant(s) will work under the supervision of the treating clinician(s) and implement planned activities in accordance with treatment goals formulated by the clinician(s).
- The assistant will understand the therapy goals and aims and will provide regular feedback to the treating clinician(s) in terms of achievements, progress and barriers observed.
- The assistant(s) will grade and adapt activities to the individual's level of function and progress under the guidance of the clinician(s).
- The assistant will observe and report on the individual's physical and psychosocial capabilities and document all relevant information in the treatment plan.
- The duration of a therapy plan is typically 1-2 school terms. For progress towards goal achievement a minimum commitment of 2 hours per fortnight with the therapy assistant is required.

3. Progress Review – Senior Clinician and Therapy Assistant(s) – 1-2 hours per clinician

At midpoint of the therapy plan, a case conference is scheduled between the treating team to review achievements, progress and outcomes and discuss any ongoing barriers identified. The clinician(s) will then adjust the activities to ensure that therapeutic goals are met by the end of the therapy plan.

The therapy assistant(s) will implement the adjusted recommendations set by our treating clinician(s) and continue to work with the child and the family until their goals have been achieved.

4. Parent Feedback – 1 hour

Parents are given informal feedback through the process and formal feedback by the treating clinician(s) after 10-12 hours of therapy assistant hours have been completed.



CONTACT US TODAY

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ReachUp
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