

Child & Adolescent ASSESSMENTS AND CLINICAL INTERVENTIONS



THINKAHEAD'S vision is to unlock a child's true potential and to help families build on their child's strength and remedy their weaknesses. We tailor our assessments to your child and family's needs. We incorporate feedback from parents, teachers and the young person themselves to obtain a complete picture of the child.

Our Team Includes

- Psychologists
with experience in clinical, industrial and organisational, paediatric and educational settings.
- Speech Pathologists
- Social Workers
- Behaviour Therapists
- Support Workers

Clinical Assessment

We can assess for:

- Autism Spectrum Disorder
- Attention Deficit Hyperactivity Disorder (ADHD)
- Learning Difficulties
- Giftedness
- Oppositional Defiant Disorder
- Conduct Disorder
- Learning Difficulties and Developmental Delays
- Intellectual Disabilities
- Dyslexia
- Behavioural and Social Functioning

The Assessment Process

INTAKE & BOOKING

By Telephone and Email

INITIAL PARENT AND CHILD INTERVIEW

History is collected regarding the parent's pregnancy, birthing, early development, medical history, schooling background, social history, general behaviour, and a game plan for follow-on sessions and assessment or referral to other practitioners is made.

A parent session is held followed by a child initial session where siblings are invited if age appropriate.



CLINICAL ASSESSMENT SESSIONS

Your child will be assessed using a number of assessment tools. The number and length of the assessment sessions will depend on the purpose of the assessment and required test batteries. The assessment will identify core issues of any cognitive, learning, social, emotional or behavioral issues. Testing can occur in paper form or digital format.



FEEDBACK SESSION

In this session, the psychologist will discuss assessment results and make recommendations. You will also be able to ask questions to make sure you are on the right path after the assessment. A report can be provided to your referrer (GP/ Paediatrician) or school and a copy provided to you.



PARENT REPORT

Final reports with assessment results, identified needs, strategies for developing both strengths and weaknesses over the short and long term, as well as recommendation for interventions will be included.

Access to our multidisciplinary team is possible should this be appropriate.

SCHOOL ADVISORY

Where applicable, written feedback is also provided to the individual's school, advising them of additional support.

FAMILY / SCHOOL TEAM SUPPORT

Where appropriate and desired, our clinicians are able to meet with the family and/or school to provide a full range of support and intervention strategies. Home visits and school visits can occur.



Therapeutic Interventions and Support

Counselling

Understanding your child is one of the most important things as a parent. As all children and adolescents have their own unique personality traits it is not uncommon for them to experience a few bumps along the way as they navigate through life's challenges. At Thinkahead we assist individuals who may experience a range of issues such as:

- Difficulties forming friendships
- Bullying
- Social and communication issues
- Anxieties (social, general and separation)
- Depression
- Childhood addictions (such as gaming)
- Sleep disorders
- Grief and loss as a result of separation, divorce or bereavement
- Adjusting to a diagnosed condition and reducing the functional impact of the condition
- Behavioural management of Autism Spectrum Disorders, Oppositional Defiant Disorder or Attention Deficit Hyperactivity Disorder
- Assistance coping with stress, help with time management, organisation and study skills



Behaviour Support

Behaviour Support is a service that assists parents and carers, by providing a better understanding of why behaviours of concern are occurring. Behaviours of concern include but are not limited to – school refusal; fussy eating; tantrum behaviours; non-compliance; technology addiction; lack of concentration and poor sleep routines.

Observations of your child's behaviour is conducted in the natural setting i.e. your family home; day care or school environment in order to gain more insight into your child's behaviour.

The Behaviour Support Therapist will teach you how to create an environment that reduces the likelihood of these behaviours occurring and also develop a behaviour support plan that outlines a consistent way to respond to these behaviours. Multiple assessments and observations are conducted, and the Behaviour Therapist will assist in implementing household routines and mentor parents/carers to reinforce sustainable changes.

A variety of tools are used such as behaviour charts, visual boards, social stories, key word sign and play skills to design a tailored program that meets the child and families individual needs.



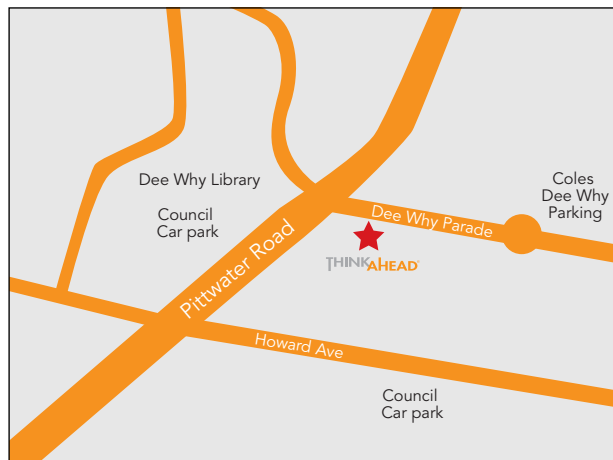
OUR THERAPISTS ARE TRAINED IN:

Therapies:	CBT, play based therapies, EMDR
ASD Treatment Programmes:	ABA, Sonrise, Spectra
Social Skills Programmes:	Secret Agent Society
Anti-Anxiety Strategies:	Coolkids, Turnaround

CONTACT US

Address:

Suite 5D, 5 Dee Why Parade
Dee Why NSW 2099



Phone: (02) 9981 3003

Fax: (02) 9981 1948

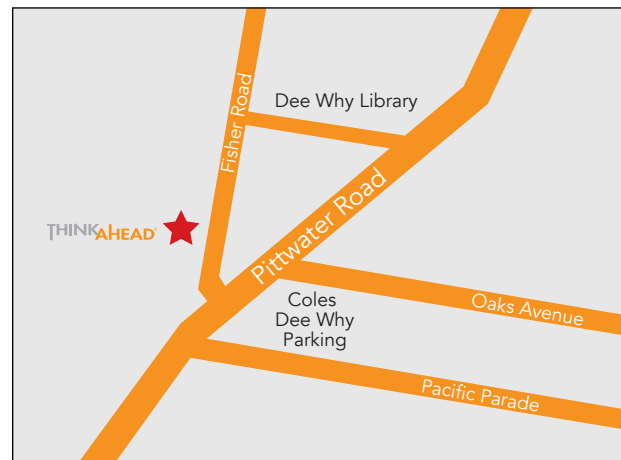
Email: info@thinkahead.com.au

www.thinkahead.com.au



Address:

Seascapes Suites,
Suite 4, 22-26 Fisher Road
Dee Why NSW 2099



Parking available at underground at Coles Dee Why, or in the Council Carparks.