

About us

PROFESSIONAL PROFILE

Lauren Turner

Physiotherapist

THINKAHEAD®

We Specialise in

PSYCHOLOGICAL
SERVICES

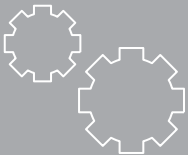
CORPORATE
TRAINING

LEADERSHIP
DEVELOPMENT &
COACHING

PERFORMANCE
& WELLBEING
PROGRAMS

CULTURE
ENHANCEMENT

CONSULTING
SERVICES



Lauren Moore Turner is a highly experienced Physiotherapist with more than 20 years of clinical experience supporting both children and adults to improve their physical function, independence and quality of life. She completed her physiotherapy training in the United Kingdom before obtaining a Master's degree in Rehabilitation Science from the University of Glasgow in 2002.

Throughout her career, Lauren has worked across private practice, hospitals and community settings, providing assessment, rehabilitation and evidence-based treatment for a broad range of musculoskeletal, neurological and developmental conditions. She is passionate about helping people achieve their individual goals through personalised treatment programs that promote movement, confidence and long-term wellbeing.

Lauren is recognised for her warm, compassionate and collaborative approach. She takes the time to understand each person's unique strengths, challenges and aspirations, working closely with clients, families, carers and other health professionals to deliver coordinated, person-centred care. Her flexibility, creativity and problem-solving skills enable her to support clients with complex and diverse needs.

Committed to lifelong learning, Lauren has developed extensive expertise in rehabilitation and exercise science throughout her career. She has also completed a Diploma in Psychology, further enhancing her understanding of the emotional, behavioural and cognitive factors that influence health, rehabilitation and participation. This additional training enables her to take a holistic approach to therapy, particularly when supporting children and individuals with additional needs.

Lauren is dedicated to empowering her clients to build confidence, maximise independence and achieve meaningful outcomes in their everyday lives.

THINKAHEAD®

TERTIARY QUALIFICATIONS

- Master of Science (Rehab Science)

MEMBERSHIP OF PROFESSIONAL ASSOCIATIONS & BODIES

- Member of the Australian Physiotherapy Association
- APRHA Registration Phy0001889985

