

About us

PROFESSIONAL PROFILE

Monica North

Occupational Therapist

Monica is a compassionate Occupational Therapist who is passionate about helping children develop the skills and confidence they need to participate successfully in everyday life. She works with children from infancy through to adolescence, supporting them to build independence, achieve meaningful goals, and reach their full potential.

Monica holds a Master's degree in Occupational Therapy from the University of Sydney and has experience supporting children with a wide range of developmental, sensory, physical and neurological needs. She has a particular interest in sensory processing, fine and gross motor development, emotional regulation, self-care skills, school readiness and supporting children with autism, ADHD, developmental delays and physical disabilities.

Committed to providing neuro-affirming, evidence-based care, Monica takes a strengths-based approach that recognises and celebrates each child's unique abilities. She works collaboratively with children, families, educators and other health professionals to develop individualised therapy plans that are meaningful, practical and aligned with each family's goals.

Monica believes that children learn best through play, connection and positive experiences. Her therapy sessions are engaging, creative and child-led, providing a safe and supportive environment where children can build confidence, develop new skills and experience success both at home, at school and within their community.

TERTIARY QUALIFICATIONS

- Master of Health Sciences (Occupational Therapy); Masters of Health Sciences (TCM); Bachelor of Applied Science.

PROFESSIONAL BODIES

- Australian Occupational Therapy Association
- AHPRA

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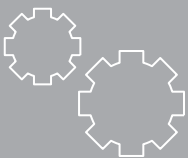
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